

## **NIGHT SWEATS AND HOT FLASHES**



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### **Tips for Dealing with Hot Flashes and Night Sweats**

If you get hot flashes and night sweats, you're not alone. It's estimated that up to 75 percent of women in the perimenopause or menopause stages of life in the United States report

<http://ebookslibrary.club/Tips-for-Dealing-with-Hot-Flashes-and-Night-Sweats.pdf>

### **Night Sweats and Hot Flashes Women Living Better**

While the biological mechanism of perimenopausal night sweats and hot flashes is not fully understood, researchers do know that estrogen is involved since estrogen therapy is effective in treating hot flashes in many women. 3 In those who are nearing menopause, the declining estrogen theory explains VMS.

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### **Hot Flashes Why They Happen Treatment Prevention WebMD**

SOURCES: Harvard Medical School, Harvard Health Publishing: "Menopause-related hot flashes and night sweats can last for years." The Cleveland Clinic's Women's Health Center.

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### **8 Causes of Night Sweats Menopause and More WebMD**

The hot flashes that accompany menopause can occur at night and cause sweating. This is a very common cause of night sweats in women. This is a very common cause of night sweats in women

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### **Hot Flashes Night Sweats Live Better With Menopause**

Hot flashes (also known as hot flushes) and night sweats are some of the most common symptoms associated with the menopause and although they do not affect all women, a very large proportion have to endure the discomfort and unpredictability of these on a daily basis.

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### **Night Sweats Causes In Men Women Remedies Treatments**

Menopause symptoms include hot flashes, night sweats, irregular vaginal bleeding, vaginal dryness, painful intercourse, urinary incontinence, weight gain, and emotional symptoms such as mood swings. Treatment of menopausal symptoms varies, and should be discussed with your physician.

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### **Hot Flashes and Night Sweats clearwoman.com**

Hot Flashes and Night Sweats of Menopause. Helene Leonetti M.D. performed a double blind study in presented in Obstetrics and Gynecology 1999 that menopausal symptoms such as hot flashes were reduced by progesterone cream in 83% of women as compared to 19% of women using a placebo.

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### **Hot Flashes and Night Sweats PDQ Patient Version**

Hot flashes and night sweats may be side effects of cancer or its treatment. Sweating is the body's way of lowering body temperature by causing heat loss through the skin.

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### **Hot Flashes and Night Sweats PDQ PubMed Health**

Hot flashes and night sweats may be side effects of cancer or its treatment. Sweating is the body's way of lowering body temperature by causing heat loss through the skin. In patients with cancer, sweating may be caused by fever, a tumor, or cancer treatment.

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